









# Lambeth Early Action Partnership















#### What does LEAP do?



 Earliest years in life are an especially vital time, that is why we work exclusively with pregnant women and children aged 0-3 years and their families

We deliver services across our four target wards of Coldharbour,

Stockwell, Tulse Hill and Vassall.

- Focus on,
- diet and nutrition
- social and emotional well-being
- communication and language





### What impact has the pandemic had?



- Significant impact on families and the services they depend on
- Parent's mental health and family relationships, pregnancy and parenting young children
- For some adversities have intensified, others are facing new issues
- Disproportionately affected disadvantaged areas and BAME communities

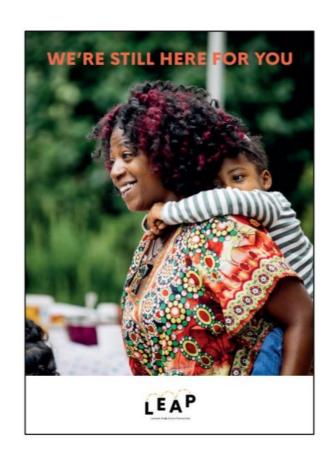
The need for support at the very beginning of children's lives has never been so clear.



#### What is LEAP doing?



- Moved online Microsoft Teams, Zoom, WhatsApp
- As well as Breastfeeding Support, other services e.g.,
- Family nutrition support
- Antenatal workshops on healthy eating and exercise
- Baby Steps antenatal programme
- Parent and infant relationship support
- Support for families experiencing domestic violence
- Chattertime sessions
- Sharing REAL





#### What is LEAP doing?



Wide range of family activities:

- Snuggle with us story sessions
- Cook and eat
- Story and rhyme time
- Yoga

Aim to resume to face to face ASAP, but virtual delivery has value





#### What is LEAP doing?



Filling the gap in service delivery with practical resources:

- Activity packs to support home and outdoor learning
- Toothbrush and toothpaste packs
- Food parcels
- Website activities to support home learning
- Post-natal meal service











## To find out more about our services visit www.leaplambeth.org.uk











