

Handy referral guide for Lambeth Early Action Partnership

Does the family live in the LEAP area?

Use our postcode checker: visit leaplambeth.org.uk/referrals

Is the family expecting a baby?

Would the family benefit from...

An antenatal programme

Baby Steps*

07500 880 763 / BabySteps@gstt.nhs.uk



Advice on healthy eating and keeping active

PINE (for women booked at Guy's and St Thomas' with a BMI between 18.5 – 24.9)*

07468 701 028 / Jo.Bennett@gstt.nhs.uk



Support with a Body Mass Index of 25 or over

Our activity and nutrition programme, **CAN***

0750 0880 763 / CAN@gstt.nhs.uk



Home visits for first-time young mums and families

Family Nurse Partnership (from early pregnancy until the child turns 2)*

020 3049 5173
gst-tr.lambethfnp@nhs.net



One-to-one support for parents at risk of domestic abuse

Safer Families: Enhanced Caseworkers

020 7733 8724 / lambethvawg@refuge.org.uk



Does the family have children aged 0-3 years?

Social and emotional development. Would the family benefit from...

Support with becoming a confident parent, understanding cues, managing behaviour and coping with stress

Lambeth's Parenting Support Service (0-3+ years old)

<http://lambeth.gov.uk/parenting>
parenting@lambeth.gov.uk



Group sessions supporting parent-baby relationships

PAIRS Together Time (3-8 months)

07718 251 099 / 07753 136 813
PAIRS_Lambeth@slam.nhs.uk



Support with parent-infant relationships

PAIRS One-to-One (0-3 years old)

07718 251 099 / 07753 136 813 / PAIRS_Lambeth@slam.nhs.uk



Support for parents at risk of, or experiencing, domestic abuse

Safer Families: Enhanced Caseworkers (0-3 years old)

020 7733 8724 / lambethvawg@refuge.org.uk



Support from a local parent to attend early years activities

Parent Champion Befrienders (mums / carers with a child aged 0-18 months)

07949 073 437 / kdunkley@ncb.org.uk



Communication, language and literacy support. Would the family benefit from...

An early communication and language course

Supporting Babies' Next Steps (up to 1 year old)

07949 077 406 / cmartinez@ncb.org.uk



Raising Early Achievement in Literacy course

Sharing REAL with parents (18 months – 3 years old)

07949 077 406 / cmartinez@ncb.org.uk



Weekly group sessions run by a speech and language therapist

Chattertime (0-3 years old)

07949 077 406 / cmartinez@ncb.org.uk



Home visits to support parents and children in reading for pleasure

Doorstep Library (0-3 years old)

020 8870 1476
amy@doorsteplibary.org.uk



Stay and Play sessions in nature – improving communication, language and wellbeing

Natural Thinkers (4 months – 3 years old)

07949 077 406 / cmartinez@ncb.org.uk



Feeding and healthy eating. Would the family benefit from...

Non-judgemental infant feeding support

Breastfeeding Peer Support (antenatal and postnatal)

07566 263 560 / 0792 7690 965
lambethinfantfeedingservice@nhs.net



Support to develop a healthier family lifestyle

Healthy Living Platform (0-3 years old)

07701 365 551
helenieleap@gmail.com



LEAP in the community

We've also got lots of weekly drop-in events for families – and support for professionals like you. See online at:

leaplambeth.org.uk/referrals

LEAP

Lambeth Early Action Partnership

*Midwifery or maternity services usually refer eligible women, but you can still refer someone who hasn't been contacted.