

# Outcomes for children in the LEAP area: Spotlight on unhealthy weight



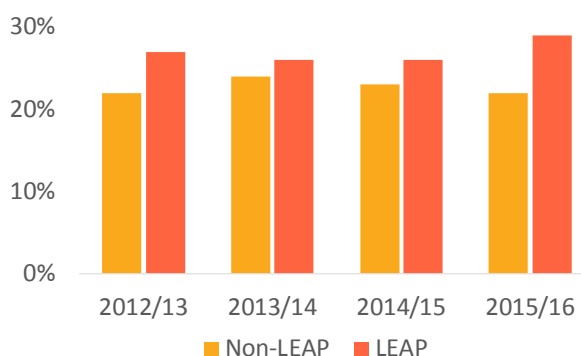
Lambeth Early Action Partnership (LEAP) is a programme to better the lives of children in four wards of Lambeth: Stockwell, Coldharbour, Vassall and Tulse Hill.

LEAP aims to support the diet and nutrition of children in the LEAP area, as well as their social and emotional and communication and language development.

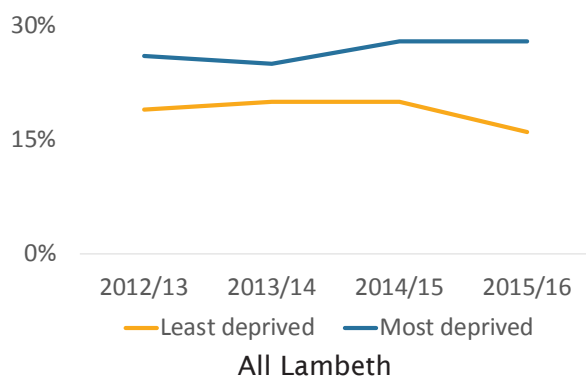
Child weight at age 5 is an outcome we can measure to understand the diet and nutrition needs of our community.

## Inequalities across Lambeth

29% of 5-year-olds in the LEAP area were overweight or obese in 2015/16 compared with 22% for the non-LEAP wards



## Child poverty is a major factor in excess weight



LEAP has higher levels of deprivation; More deprived reception children are 1.4 times more likely to be overweight or obese than the least deprived

## Improving outcomes

Full healthy nutrition service pathway planned for the LEAP area from before a child is born throughout early childhood

LEAP to continue community, parental and family support to empower healthy lifestyle choices

Lambeth-wide healthy weight programme for children aged 0-12 including early years obesity prevention & school schemes