

## Does the family live in the LEAP area?

Use our postcode checker: visit [leaplambeth.org.uk/referrals](http://leaplambeth.org.uk/referrals)

# Referral Guide for LEAP services

## LEAP in the community

We've also got lots of weekly drop-in events for families – and support for professionals like you. See online at: [leaplambeth.org.uk/referrals](http://leaplambeth.org.uk/referrals)



Lambeth Early Action Partnership

## Is the family expecting a baby?

### Would the family benefit from...

An antenatal programme  
**Baby Steps\***

07500 880 763 / [BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)



Supporting relationships between parents and babies before birth

**PAIRS One-to-One**

020 3228 6771 / 07753 136 813  
[PAIRS\\_Lambeth@slam.nhs.uk](mailto:PAIRS_Lambeth@slam.nhs.uk)



Support with a Body Mass Index of 25 or over

Our activity and nutrition programme, **CAN\***

0750 0880 763 / [CAN@gstt.nhs.uk](mailto:CAN@gstt.nhs.uk)



Support for people at risk of, or experiencing, domestic abuse during pregnancy

**LEAP Enhanced Caseworkers** (Gaia Centre)

020 7733 8724 / [lambethvawg@refuge.org.uk](mailto:lambethvawg@refuge.org.uk)



Non-judgemental infant feeding support

**Breastfeeding Peer Support** (antenatal and postnatal)

07566 263 560 / 0792 7690 965  
[lambethinfantfeedingservice@nhs.net](mailto:lambethinfantfeedingservice@nhs.net)



\*Midwifery or maternity services usually refer eligible women, but you can still refer someone who hasn't been contacted.

## Does the family have children aged 0-3 years?

### Social and emotional development. Would the family benefit from...

Group sessions supporting parent-baby relationships

**PAIRS Together Time** (3-8 months)

07740 421 626 / 07753 136 813  
[PAIRS\\_Lambeth@slam.nhs.uk](mailto:PAIRS_Lambeth@slam.nhs.uk)



Support with becoming a confident parent, understanding cues, managing behaviour and coping with stress

**Lambeth's Parenting Support Service** (0-3+ years old)

<http://lambeth.gov.uk/parenting>  
[parenting@lambeth.gov.uk](mailto:parenting@lambeth.gov.uk)



Support with parent-infant relationships

**PAIRS One-to-One** (0-3 years old)

020 3228 6771 / 07753 136 813  
[PAIRS\\_Lambeth@slam.nhs.uk](mailto:PAIRS_Lambeth@slam.nhs.uk)



Support for parents at risk of, or experiencing, domestic abuse

**LEAP Enhanced Caseworkers** (Gaia Centre) (0-3 years old)

020 7733 8724 / [lambethvawg@refuge.org.uk](mailto:lambethvawg@refuge.org.uk)



Support from a local parent to attend early years activities

**Parent Champion Befrienders** (mums / carers with a child aged 0-18 months)

07949 073 437 / [kdunkley@ncb.org.uk](mailto:kdunkley@ncb.org.uk)



### Feeding and healthy eating. Would the family benefit from...

Non-judgemental infant feeding support

**Breastfeeding Peer Support** (antenatal and postnatal)

07566 263 560 / 0792 7690 965  
[lambethinfantfeedingservice@nhs.net](mailto:lambethinfantfeedingservice@nhs.net)



Access to healthy food and support to live healthily

**Healthy Living Platform** (0-3 years old)

07701 365 551 / [helenieleap@gmail.com](mailto:helenieleap@gmail.com)



### Communication, language and literacy support. Would the family benefit from...

An early communication and language course

**Supporting Babies' Next Steps** (up to 1 year old)

07525 061 850 / [Jmcdermid@lambeth.gov.uk](mailto:Jmcdermid@lambeth.gov.uk)



Raising Early Achievement in Literacy course

**Sharing REAL with parents** (18 months - 3 years old)

07432 739 939 / [CKeal@ncb.org.uk](mailto:CKeal@ncb.org.uk)



Weekly group sessions run by a speech and language therapist

**Chattertime** (0-3 years old)

020 3989 0098 (Ext 60098)  
[Sharon.Brown@gstt.nhs.uk](mailto:Sharon.Brown@gstt.nhs.uk)



Stay and Play sessions in nature – improving communication, language and wellbeing

**Natural Thinkers** (4 months - 3 years old)

07545 862 479 / [jgordon3@lambeth.gov.uk](mailto:jgordon3@lambeth.gov.uk)

