

LEAP<sup>P</sup>

# ANNUAL REVIEW

2019



# A snapshot of LEAP activity in 2019

## PREGNANCY

**CAN**  
**124**



Eligible women booked onto Community Activity and Nutrition (CAN) getting support to adopt a healthy diet and lifestyle

**FAMILY NURSE PARTNERSHIP**  
**31**

Women supported by a Family Nurse

**BABY STEPS**  
**41**

Babies born to parents attending

**CASELOAD MIDWIFERY**  
**239**

Babies born to women participating in the service

## LEARNING

**MAKING IT REAL**  
**207**

Home visits



**SPEECH & LANGUAGE THERAPY**  
**311**

Practitioners trained

**DOORSTEP LIBRARY**  
**2,635**

Books lent /swapped



**NATURAL THINKERS**  
**278**

LEAP children under 4yrs participated in activities

**BIG LITTLE MOMENTS**  
**37,488**

Unique visitors to website



## HEALTH

**BREASTFEEDING PEER SUPPORT NETWORK**  
**120**

New LEAP women participated in the service



**ORAL HEALTH**  
**76**

Practitioners attended information/training sessions delivered for STB\*



**HEALTHY LIVING PLATFORM**  
**255**

Cook and eat sessions



**ENVIRONMENTAL HEALTH**  
**65** Visits to engage key out of home food establishments



## BONDING

**PARENT AND INFANT RELATIONSHIP SERVICE (PAIRS)**  
**TOGETHER TIME**  
**24**



WWW\*\* group sessions delivered

**1-2-1**  
**34**

Families supported by the service

**CIRCLE OF SECURITY**  
**25**



New LEAP families attended first group session

## STRESSES

**OVERCROWDED HOUSING SERVICE**  
**168**

Home visits



**GAIA ENHANCED CASEWORKERS**  
**43**

New clients (mothers) supported

**ST. MICHAEL'S FELLOWSHIP GROUP WORK**  
**57**

Group sessions delivered

**DOMESTIC VIOLENCE - WORKFORCE**  
**62**

New practitioners attended training sessions

## PRACTITIONERS

**WORKFORCE**  
**342**

LEAP early years practitioners trained to better support children's communication and early language



**WORKFORCE**  
**94**

Training events delivered by LEAP



## CONNECTING

**COMMUNITY EVENTS\*\*\***  
**663**

LEAP family contacts



**288**

Community activities & events

**677**

Contacts with children under 3

**681**

LEAP Parent/Carer contacts

**PARENT CHAMPIONS**  
**37**

Parents enrolled in PC training



**PARENT CHAMPIONS**  
**1,120**

Number of volunteering hours

**PARENT CHAMPIONS**  
**28**

Parents completed PC training



**COMMUNITY AWARDS**  
**11**

Projects funded



**COMMUNITY AWARDS**  
**£22,000**  
Awarded

\* Supervised Toothbrushing  
\*\* Watch, wait and wonder  
\*\*\* Families may have attended more than one event



## Update from the Director

As we mark the halfway-point of the programme, we have much to celebrate from 2019.

Here are just a few highlights!!

We welcomed 41 LEAP babies from our new Baby Steps programme, designed to support families in the early stages of parenthood and reduce the stress that often affects new parents. Our first Healthy Choices Award was presented to a food outlet offering better choices and amenities for families; and we launched our Community Awards scheme funding parent and community-led projects across our four wards. Our Big Little Moments campaign promoted healthy brain and emotional development; and our first dads completed the 'Game of Two Halves' parenting programme, designed to empower and educate fathers.

Work on our capital projects is almost complete, with all but one of 11 sites refurbished. Among improvements, visitors to St Stephen's Children's Centre now have access to an additional floor, providing much needed space for groups and training; Max Roach has a bespoke buggy store; and Jubilee Children's Centre a garden room, providing additional space for families and practitioners.

Demonstrating our commitment to sharing knowledge and good practice, we hosted a range of academic, political, royal and community visitors, notably to showcase the work of the Parent and Infant Relationship Service (PAIRS).

As well as varied practitioner training we prioritised tackling Adverse Childhood Experiences (ACEs). Traumatic experiences that occur before the age of 18 can have a significant impact, often lasting into adulthood. Our event for 200 Lambeth professionals explored the science behind ACEs and how interventions can support resilience. Work in this area continues in partnership with the Council.

It's impossible to cover the entire breadth of achievement in such a small space, so do please visit our website to find out more about services for families and support for professionals, and to keep up to date with our news.

I'd like to thank our families, communities and professionals for their continued support, engagement and efforts to develop and deliver high quality services.



**Laura McFarlane**  
[www.leaplambeth.org.uk](http://www.leaplambeth.org.uk)

### HELP FOR FAMILIES

- Pregnancy
- Health
- Bonding
- Learning
- Connecting
- Stresses
- Big Little Moments

### TRAINING FOR PROFESSIONALS

- Communication and language development
- Diet and nutrition
- Social and emotional development
- Whole service

